

**PARTICIPANTS at**

**TSIL 2021: Two Days of Precision Medicine in Mental Health  
September 16<sup>th</sup> & 17<sup>th</sup>, 2021**

**Speaker**



**Dr. Katie Aafjes-van Doorn**  
Ferkauf Graduate School of  
Psychology, USA

Dr. Katie Aafjes-van Doorn is Assistant Professor of Clinical Psychology at the Clinical Psychology Program of the Ferkauf Graduate School of Psychology. She received a MSc in Clinical Psychology from the Vrije Universiteit in Amsterdam, as well as a MSc in Psychological Research and a doctorate in Clinical Psychology from University of Oxford. Over the years, she has worked clinically in different settings within the National Health Service, in the UK as well as at a psychoanalytic community clinic in San Francisco. Most recently, Dr. Aafjes-van Doorn completed a one-year postdoctoral research fellowship at the Gordon F. Derner School of Psychology, Adelphi University.



**Dr. Dana Atzil-Slonim**  
Bar-Ilan University, IL

Dr. Dana Atzil-Slonim is Senior Lecturer and research director of the community clinic, Psychology Department; Director of the BIU Impact center to advance precision in the treatment of depression, Bar-Ilan University.

The research conducted in her lab aims to advance the ideal of greater integration between research and practice in the field of clinical psychology in which information flows reciprocally between researchers and clinicians. Their overarching goal is to identify and understand the key mechanisms of change that account for gains in psychotherapy. This has important implications for improving the effectiveness of treatments to those suffering from emotional pain as well as for developing training and supervision strategies that foster successful psychotherapy interventions.



**Dr. Chris Beevers**  
University of Texas, USA

Dr. Christopher Beevers, director of the Mood Disorders Laboratory, received his doctorate in adult clinical psychology from the University of Miami in 2002. He completed his internship and post-doctoral training at Brown Medical School in Providence, Rhode Island, and joined the psychology department at the University of Texas in January 2005. He has received the President's New Researcher Award from the Association of Behavioral and Cognitive Therapy and was a Beck Scholar at the Beck Institute for Cognitive Therapy and Research. He is currently Associate Editor at Clinical Psychological Science and a member of several editorial boards for leading journals in his research area, including the Journal of Abnormal Psychology and Cognitive Therapy and Research. Dr. Beevers' primary research interest focuses on the cognitive etiology and treatment of major unipolar depression. He is very interested in using experimental psychopathology methods to identify factors that maintain depression and translating these findings into effective interventions for depression and related psychopathology (e.g., anhedonia, negative affect).



**Dr. Claudi Bockting**  
Amsterdam University Medical  
Centers, NL

As a professor of Clinical Psychology in Psychiatry at Amsterdam University Medical Centers, together with her research team Dr. Claudi Bockting focusses on common mental health disorders (such as depression). She is the director of the Centre for Urban Mental Health at the University of Amsterdam, together with Professor Reinout Wiers. She studies potentially modifiable etiological factors of onset, relapse and chronicity using an interdisciplinary complex systems approach. As a fellow at the Institute for Advanced Study (UvA-IAS) she studied the use of complexity systems models in order to explore new targets for interventions of depression. Additionally, as a fellow at the World Health Organization (WHO), she studied the possibilities of using technology to increase the accessibility of effective psychological interventions worldwide. Besides, she works as a clinical psychologist at the Psychiatry Department of UvA-AMC.



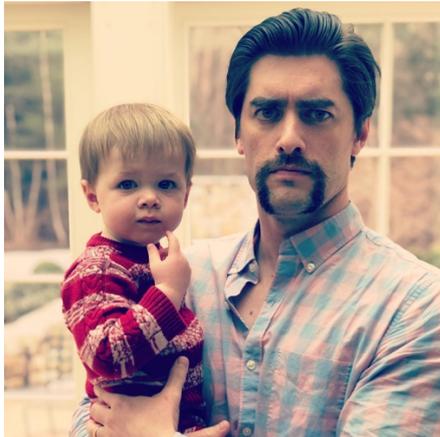
**Dr. Eva-Lotta Brakemeier**  
University of Greifswald, GER

Dr. Eva-Lotta Brakemeier received her doctorate in 2009 at Humboldt-University of Berlin and currently holds the chair of Clinical Psychology & Psychotherapy at University of Greifswald, Germany. Her research interests are personalized psychotherapy across the lifespan with the goal of process- and evidence-based individualized and modular psychotherapy, chronic or treatment-resistant depression, modern approaches to psychotherapy (e.g., Cognitive Behavioral Analysis System of Psychotherapy (CBASP), Interpersonal Psychotherapy (IPT), Well-Being Therapy (WBT)). Furthermore she examines internet- and app-based interventions, side effects of psychotherapy, stimulation techniques (especially tDCS) and neurourbanism.



**Dr. Laura Bringmann**  
University of Groningen, NL

Dr. Laura Bringmann is an assistant professor at the Psychometrics and Statistics department of the University of Groningen. She studied at the University of Amsterdam, receiving a bachelor's degree in clinical neuropsychology, a bachelor's degree in philosophy, and a master's degree in psychological methods. She also has a master's degree in clinical neuroscience from Ruhr University Bochum. In October 2016, she defended her PhD thesis at KU Leuven, Belgium, supervised by Francis Tuerlinckx and Denny Borsboom. Her main interests are time series analyses, dynamical networks, ESM in clinical practice, and philosophy of psychology. She is a part of The Interdisciplinary Center Psychopathology and Emotion regulation (ICPE) and the Young Academy Groningen (from September 2018-2023).



**Dr. Zachary Cohen**  
University of California, USA

Dr. Zachary Cohen did his doctoral work at the University of Pennsylvania where he worked with Rob DeRubeis to develop methods to help inform treatment selection decisions. He came up with the idea for the Treatment Selection Idea Lab meeting because he loves bringing together and learning from smart people. He is currently working at UCLA on the Depression Grand Challenge with Michelle Craske to develop, evaluate, and disseminate a suite of transdiagnostic, modular, personalized digital psychotherapy packages. He survived the pandemic with a newborn, but the long-term psychological effects of that experience (as can be seen in this photo) have yet to be determined.



**Dr. Michelle Craske**  
University of California, USA

Dr. Michelle G. Craske is Professor of Psychology, Psychiatry and Biobehavioral Sciences, Miller Endowed Chair, Director of the Anxiety and Depression Research Center, and Associate Director of the Staglin Family Music Center for Behavioral and Brain Health, at the University of California, Los Angeles. She is also co-director of the UCLA Depression Grand Challenge. She has published extensively in the area of fear, anxiety and depression, including over 540 peer reviewed journal articles as well as academic books and several self-help books and therapist guides, and is on the Web of Science Most Highly Cited Researcher List. She has been the recipient of extramural funding since 1993 for research projects pertaining to risk factors for anxiety and depression among children and adolescents, neural mediators of emotion regulation and behavioral treatments for anxiety disorders, fear extinction translational models for optimizing exposure therapy, novel behavioral therapies targeting reward sensitivity and anhedonia, and scalable treatment models for underserved populations. As part of the Depression Grand Challenge, she developed the STAND program for screening, tracking and treating anxiety and depression. She is Editor-in-Chief for Behaviour Research and Therapy.



**Dr. Tim Dalgleish**  
University of Cambridge, UK

Dr. Tim Dalgleish is a clinical psychologist working in the Emotion Group where he leads the Cognition, Emotion and Mental Health Programme. He is also director of the Cambridge Centre for Affective Disorders (C2:AD). In brief, his research interests include: experimental investigation of cognition-emotion relationships; depression; post-traumatic stress; translating findings from basic behavioural science and neuroscience research into the refinement and development of clinical and educational interventions and assessments; transdiagnostic approach to affective disorders



**Dr. Kim de Jong**  
University of Leiden, NL

Dr. Kim de Jong earned her doctoral degree in clinical psychology from Leiden University in 2012. After graduating from the UvA, she started working as an applied researcher at GGZ Noord-Holland-Noord, a mental health care institution in the Netherlands. She started as an Assistant Professor in Clinical Psychology at Leiden University in 2013, but received the NWO Rubicon grant that year, which provided her with the opportunity of a Visiting Scholarship at the University of Pennsylvania, where she worked with Robert J. DeRubeis. Since September 2014, she is back in Leiden as Assistant Professor in Clinical Psychology. She also has a small private practice. Dr. de Jong's research focuses on understanding differences in treatment outcomes between organizations, therapists and patients, as well as developing and testing interventions that improve outcomes in routine clinical practice. She has two major research lines: personalized mental health care and therapist effects.



**Gonzalo Salazar de Pablo**  
King's College London, UK

Gonzalo Salazar de Pablo graduated at the University of Navarra. In 2017, he received a grant from the Spanish Foundation of Psychiatry and Mental Health and the Alicia Koplowitz Foundation for a short stay of six months at the "Zucker Hillside Hospital" in New York, as a result of which he is working on his international doctoral thesis. Since September 2018, he has enjoyed an advanced training grant from the Alicia Koplowitz Foundation at King's College London. In the clinical field, he has worked as an honorary Specialist Registrar at the Lambeth CAMHS Child and Adolescent Mental Health Service, the Outreach and Support in South London (OASIS) Psychosis Prevention Service, the Acorn Lodge Children's Inpatient Unit and the Enhanced Treatment Service (ETS), a multidisciplinary alternative to hospitalisation for children and young people. In the field of research, he works at the Institute of Psychiatry, Psychology & Neuroscience at King's College London, in the laboratory of Early Detection and Intervention in Psychosis.



**Dr. Ann-Kathrin Deisenhofer**  
University of Trier, GER

Dr. Ann-Kathrin Deisenhofer is research assistant, psychotherapist and lecturer at the Department of Clinical Psychology and Psychotherapy, with Prof. Dr. Lutz, University of Trier, Germany. Her research interests are the examination of therapist effects and the influence of sampling parameters on variation in therapist effects in a naturalistic context. Furthermore, she does research on the effectiveness of cognitive behavioral therapy in a naturalistic context compared to randomized controlled studies and the application of propensity score matching. Other topics are differential predictive models, personalized psychotherapy research and feedback research.



**Dr. Jaime Delgadillo**  
University of Sheffield, UK

Dr. Jaime Delgadillo is a Lecturer in Clinical Psychology at the University of Sheffield and he also works as a psychotherapist in the English National Health Service. His clinical interests are in cognitive behavioural therapy for depression, anxiety and addiction problems. His research includes pragmatic trials of psychological interventions, and studies on outcome measurement, prediction and feedback in routine psychological care



**Dr. Jill Ehrenreich-May**  
University of Miami; USA

Dr. Jill Ehrenreich-May is a Professor in the Department of Psychology at the University of Miami with expertise in the treatment of emotional disorders in youth and the development and evaluation of evidence-based therapy protocols for children and adolescents with anxiety, depression and obsessive-compulsive disorders. She is perhaps best known as the developer of the Unified Protocols for Transdiagnostic Treatment of Emotional Disorders in Children and Adolescents (UP-C and UP-A). Her currently funded work in this area includes effectiveness trials regarding treatment of youth emotional distress in community settings (including both community mental health clinics and preschools) and the application of the Unified Protocols to new populations and treatment conditions. Dr. Ehrenreich-May directs the Child and Adolescent Mood and Anxiety Treatment Program at the University of Miami, which provides UP-C and UP-A related research services to the community. She is currently the Science Committee Chair for Division 53 of APA and a former Child and Adolescent Anxiety SIG Leader for ABCT.



**Dr. Aaron Fisher**  
Berkeley University of California,  
USA

Dr. Aaron Fisher received his degree in Clinical Psychology from the Pennsylvania State University where he conducted psychopathology and psychotherapy research on mood and anxiety disorders. The broad goal of his research is to understand individuals as a set of dynamic processes – in which thoughts, feelings, and actions are idiosyncratically organized. To this end, he is interested in idiographic research paradigms for assessment, classification, and intervention. To the latter, he and his team are working towards a general model of personalized intervention for precision targets in individuals with a variety of disorders and problem behaviors. Currently, they are using machine learning methodologies to create personalized treatment models that engage precision intervention targets on a person by person basis in smoking cessation, problem drinking, mood, anxiety, and trauma-related disorders.



**Dr. Marjolein Fokkema**  
Leiden University, NL

Dr. Marjolein Fokkema is Assistant Professor at the department of methods and statistics in psychology at Leiden University. Her research currently focuses on the development and application of decision-tree algorithms: statistical methods that yield decision trees instead of mathematical formulas. Such decision trees can be useful in deciding which patients are at risk for developing a disorder, or which patients will benefit more from psychotherapy than medication, to name just two examples.



**Nelson Freimer**  
University of California, Los Angeles, USA

**Nelson B. Freimer, M.D.** is the Maggie G. Gilbert Endowed Chair and Distinguished Professor of Psychiatry and Human Genetics at UCLA. He is the Director of UCLA's Depression Grand Challenge a university-wide initiative that aims to transform our understanding and treatment of depression and thereby cut the burden that it represents to health and well-being in half by the year 2050. He also directs UCLA's Center for Neurobehavioral Genetics. Dr. Freimer's research focuses on the use of novel strategies for behavioral phenotyping and large-scale genomics methods to identify the genetic basis of complex traits, including such neurobehavioral disorders as bipolar disorder, schizophrenia, and depression.



**Dr. Eiko Fried**  
Leiden University, NL

Dr. Eiko Fried is Associate Professor in Clinical Psychology at Leiden University, after working at / visiting the University of Amsterdam, University of Leuven, the University of Michigan, Arizona State University, Virginia Commonwealth University, and Free University of Berlin. His core disciplines are clinical psychology and methodology, and occasionally dabble in in psychiatry, epidemiology, and philosophy of science. The four big questions he has been thinking about in the last decade are how to best understand, measure, model, and classify mental health problems. His research conceptualizes mental health or illness as emergent properties that arise from complex, dynamical, biopsychosocial systems, rather than as clear-cut categories with simple causes. He hopes that understanding these emergent properties as systems will provide ways forward for all four of his research interests. Besides that, he is interested in improving cumulative psychological science through open science practices.



**Dr. Toshi Furukawa**  
Kyoto University, JP

Dr Toshi A. Furukawa is currently Professor and Chair of the Department of Health Promotion and Human Behavior at Kyoto University Graduate School of Medicine / School of Public Health. He is a psychiatrist, cognitive-behavior therapist, clinical epidemiologist, systematic reviewer, clinical trialist and app developer. He is author and co-author of over 450 peer-reviewed articles, including: Furukawa TA et al (in press) Initial treatment choices to achieve sustained response in major depression: a systematic review and network meta-analysis.

World Psychiatry: Furukawa TA et al (in press) Dismantling, optimising and personalising internet cognitive-behavioural therapy for depression: A systematic review and individual participant data component network meta-analysis.

Lancet Psychiatry: For more details please see his bio featured in the Lancet Psychiatry in May 2020. ([https://www.thelancet.com/journals/lanpsy/article/PIIS2215-0366\(20\)30157-7/fulltext](https://www.thelancet.com/journals/lanpsy/article/PIIS2215-0366(20)30157-7/fulltext)).



**Dr. Laura Germine**  
McLean Institute for Technology in Psychiatry & Harvard Medical School, USA

Dr. Laura Germine is the technical director of the McLean Institute for Technology in Psychiatry, the director of the Laboratory for Brain and Cognitive Health Technology at McLean Hospital, and Assistant Professor of psychiatry at Harvard Medical School. Dr. Germine received her BA in neurobiology from UC Berkeley, her PhD in experimental psychopathology from Harvard University, and completed a post-doctoral fellowship in psychiatric genetics at Massachusetts General Hospital and Harvard Medical School. Dr. Germine's research is oriented around understanding cognitive functioning in health and disease, as well as building technology for studying cognition and behavior using the web and mobile devices. She created one of the first online neuropsychological laboratories in 2005, which later became TestMyBrain.org, a platform that has attracted over 2.3 million research participants.



**Dr. Claire Gillan**  
Trinity College Dublin, IRE

Dr. Claire Gillan's lab at Trinity College Dublin is interested in developing novel approaches to studying brain health in psychiatric and ageing populations – a key goal is to develop objective tests that can be used to diagnose individuals and predict who will respond to which treatment. Her lab at Trinity aims to define new and more biologically-valid transdiagnostic dimensional psychiatric traits that will aid in our understanding of the neurobiology of mental illness. In combination with this approach, she follows patients longitudinally through treatment and/or transitions into disease-states, aiming to develop predictive tools that can inform treatment decisions and the allocation of preventative interventions. For much of this work, increasingly large samples are required and as such, the lab are actively experimenting with novel and more efficient methods for large-scale data-collection – these include “gamified” cognitive testing via smartphone apps and using Twitter as an alternative to ecological momentary assessment.



**Dr. Juan Martín Gómez Penedo**  
University of Zurich, CH

Dr. Juan Martín Gómez Penedo is Senior Researcher and Post-doctorate at University of Zurich. He received his doctorate at Universidad de Buenos Aires, Argentina and was Visiting Scholar at University of Massachusetts Amherst, USA. One of his research project is Interpersonal Circumplex in CBT for GAD.



**Dr. Stefan Hofmann**  
Boston University, USA  
Philipps-Universität Marburg, GER

Dr. Stefan G. Hofmann was born in Germany and studied psychology at Philipps University of Marburg, where he graduated in psychology in 1990 and received his doctorate in 1993. After stations at the universities of Göttingen and Dresden and a DAAD research fellowship at Stanford University, USA, he moved to Boston University, USA, in 1996, where he has held a professorship in the Department of Psychological and Brain Sciences since 2008 and heads the Psychotherapy and Emotion Research Laboratory. Dr. Hofmann has been one of the most cited scientists in his field every year since 2016 and is the author of standard textbooks on modern cognitive behavioral therapy. In 2021, he received the prestigious Alexander-von-Humboldt professorship at the University of Marburg, Germany, to –among other research activities – establish a center for translational clinical psychology.



**Dr. Nick Jacobson**  
Dartmouth College, USA

Dr. Nick Jacobson is a tenure-track Assistant Professor in the departments of Biomedical Data Science and Psychiatry within the Center for Technology and Behavioral Health in the Geisel School of Medicine at Dartmouth College. He directs the AI and Mental Health: Innovation in Technology Guided Healthcare (AIM HIGH) Laboratory. Dr. Jacobson researches the use of technology to enhance both the assessment and treatment of anxiety and depression. His work has focused on (1) enhancing precision assessment of anxiety and depression using intensive longitudinal data, (2) conducting multimethod assessment utilizing passive sensor data from smartphones and wearable devices, and (3) providing scalable, personalized technology-based treatments utilizing smartphones. He has a strong interest in creating personalized just-in-time adaptive interventions and the quantitative tools that make this work possible. To date, Dr. Jacobson’s smartphone applications which assess and treat anxiety and depression have been downloaded and installed by more than 50,000 people in over 100 countries.



**Dan Karlin**  
Tufts University, USA

Dan Karlin previously co-founded HealthMode in 2018 and served as CEO. Before that, he built and led clinical, informatics, and regulatory strategy for Pfizer's Digital Medicine and Innovation Research Lab. He also served as Global Clinical Lead for psychiatry clinical compounds at Pfizer. Before that, he was the founder and Chief Medical Officer at Column Health in 2013, a leading technology-enabled psychiatry and addiction practice. He's a strategic Advisor, Otsuka Pharmaceuticals, Click Therapeutics, Syntegra, Recovery Delivered, NightWare. He is also a founding Advisor of the Digital Biomarkers Journal, founder and Board Member, Digital Medicine Society (DiMe), and is on committee Leadership Digital Drug Development Tools at Critical Path Alzheimer's Disease, MJFF, and Mental Health IT at the APA. Dan is board Certified in Psychiatry, Addiction Medicine, and Clinical Informatics. He is also Assistant Professor of Psychiatry at Tufts University School of Medicine. He graduated with degrees in Neuroscience and Behavior (BA), and Clinical Informatics (MA), Columbia University; Medicine (MD), University of Colorado School of Medicine



**Dr. Jack Keefe**  
Weill Cornell, USA

Dr. Jack (John) Keefe is an NIH/NCATS-funded TL1 Fellow in the Department of Psychiatry at Weill Cornell Medical College and New York Presbyterian-Weill Cornell. He works on a clinical trial of psychodynamic psychotherapy for Veterans with PTSD who are treatment nonresponders to first-line VA therapies. He is trained as a clinical trialist, and his primary research interests involve using precision medicine methods (e.g., machine learning) to improve treatment of chronic or treatment-resistant mental illness.

From 2018 to 2019, he did an APA-accredited clinical psychology internship at New York Presbyterian-Weill Cornell. From 2013 to 2018, he was a doctoral student in the Department of Psychology at the University of Pennsylvania, where he worked with Rob DeRubeis.



**Dr. David Kraus**  
President and Chief Scientific  
Officer of The Outcome Referrals

David is a Clinical Psychologist, as well as an accomplished researcher on the assessment and treatment of behavioral health issues. He developed the Treatment Outcome Package (TOP) psychological tool in the 1990s and since then it has been used with great success by mental health organizations, private therapists and child welfare agencies. In 2011, David was awarded a patent for using medical treatment outcomes data to direct matched referrals. David received a BA from Oberlin College and a PhD in Clinical Psychology from Boston University.



**Ph. D. Cheri A. Levinson**  
University of Louisville, USA

Cheri Levinson is an Associate Professor in the Department of Psychological and Brain Sciences at the University of Louisville and Director of the Eating Anxiety Treatment (EAT) lab. She is also the Clinical Director of the Louisville Center for Eating Disorders, where she treats clients, and supervises and trains other clinicians and students in evidence-based treatments for eating disorders.

Dr. Levinson's research focuses on (a) understanding the high levels of comorbidity between eating and anxiety disorders and (b) applying empirically supported treatments for anxiety disorders, specifically exposure therapy, to the eating disorders, and (c) using advanced analytic tools and technology to personalize eating disorder treatment. Dr. Levinson has published more than 100 peer-reviewed manuscripts and chapters and has been the primary investigator on several national grants and awards. Dr. Levinson has conducted clinical trials on the effectiveness of using exposure therapy and perfectionism treatment for the eating disorders. She has received several awards for her work including the 2020 Theo Blau Award and the Academy for Eating Disorders, including the 2015 Outstanding Scientific Contribution Award.

Dr. Levinson's clinical works focuses on the treatment adults and adolescents with eating disorders. She specializes in the treatment of comorbid disorders (eating disorders, OCD and anxiety disorders) using empirically supported cognitive-behavioral techniques. Dr. Levinson has worked in all levels of eating disorder care, including outpatient, partial-hospitalization, residential, and inpatient care.

Prior to moving to Louisville, Dr. Levinson was a post-doctoral fellow at the Washington University in St. Louis School of Medicine Department of Psychiatry, where she developed technology based treatments for eating disorders. She completed her clinical internship at the University of North Carolina School of Medicine. She received her Master's and Doctoral degrees in the psychology department at Washington University in St. Louis. She completed her undergraduate degree in psychology and history at the University of Kentucky.



**Dr. Lorenzo Lorenzo-Luaces**  
Indiana University Bloomington;  
USA

Dr. Lorenzo Lorenzo-Luaces received his doctorate at University of Pennsylvania in 2017 and is currently an assistant professor at the department of Psychological and Brain Sciences, Indiana University Bloomington. He is interested in the treatment and classification of depression, including its classification and differentiation from normal sadness. His research has focused primarily on the outcomes and processes of change in depression treatments, especially cognitive-behavioral therapies (CBTs). An overarching theme informing his work is that the level of heterogeneity in the clinical presentation (e.g., symptoms) and in the prognosis of depression needs to be considered when studying etiology and treatments. His team has worked on identifying, combining, and using patient-level variables to select what treatments would be optimal for a given patient. He is especially interested in using data to guide individuals to the level of care (e.g., watchful waiting vs. intensive psychotherapy) that would be most appropriate for them. Another line of his research focuses on the study of psychotherapy processes (i.e., how psychotherapy works), with a focus on the roles of the working alliance and cognitive change.



**Dr. Wolfgang Lutz**  
University of Trier; GER

Dr. Wolfgang Lutz completed his PhD in Psychology at the University of Heidelberg, Germany, a post-doctorate at Northwestern University, USA and a research professorship at the University of Berne (Switzerland). He is Full Professor and Chair of Clinical Psychology and Psychotherapy at the University of Trier as well as director of the clinical training program and the outpatient research clinic at the University of Trier. He has more than 300 publications (peer-reviewed papers, chapters and books) including the first work demonstrating the benefits of classifying different trajectories of treatment change and illustrating how decision-support tools can be targeted to different patient groups. He is one of the pioneers of patient-focused and feedback research and worked in this area in several countries using service research data from the US, the UK, Switzerland and Germany.



**Dr. Danilo Moggia**  
University of Trier, GER

Dr. Danilo Moggia is Research Assistant at the department of Clinical Psychology and Psychotherapy at the University of Trier.

His research interests lie in patient-centered research and personalization of psychotherapy, including trajectories and patterns of change and their prediction. Furthermore, he investigates process and outcome research in psychotherapy, namely mechanisms of change and their influence on outcomes and patterns of change.



**Dr. Mei Yi Ng**  
Florida International University,  
USA

Dr. Mei Yi Ng received her doctorate in Clinical Psychology, Harvard University, and conducts research with the goal of advancing the science and practice of psychotherapy for youths, especially adolescents with depression. She employs two main strategies in her research program. First, she examines change mechanisms and processes of evidence-based psychotherapies such as cognitive behavioral therapy to better understand how they work. Second, she studies how to personalize mental health interventions by developing and applying methods to select and tailor therapies to maximize benefit to each individual youth. A current focus of her research at the Mechanisms Underlying Treatment Technologies (MUTT) Lab is to track depressed adolescents' emotions, cognitions and behaviors in real-time. The aims are to learn how each of each these variables change over time, which variables drive changes in other variables, and whether these "drivers" and longitudinal relationships differ across individuals.



**Dr. Vikram Patel**  
Harvard Medical School, USA

Dr. Vikram Patel is the Pershing Square Professor of Global Health in the Blavatnik Institute's Department of Global Health and Social Medicine at Harvard Medical School. He is an adjunct professor and joint director of the Centre for Chronic Conditions and Injuries at the Public Health Foundation of India, honorary professor at the London School of Hygiene & Tropical Medicine (where he co-founded the Centre for Global Mental Health in 2008), and is a co-founder of Sangath, an Indian NGO which won the MacArthur Foundation's International Prize for Creative and Effective Institutions in 2008 and the WHO Public Health Champion of India award in 2016. He is a fellow of the UK's Academy of Medical Sciences and has served on several WHO expert and Government of India committees. His work on the burden of mental disorders, their association with poverty and social disadvantage, and the use of community resources for the delivery of interventions for their prevention and treatment has been recognized by the Chalmers Medal (Royal Society of Tropical Medicine and Hygiene, UK), the Sarnat Medal (US National Academy of Medicine), an honorary doctorate from Georgetown University, the Pardes Humanitarian Prize (the Brain & Behaviour Research Foundation), an honorary OBE from the UK Government and the Posey Leadership Award (Austin College). He also works in the areas of child development and adolescent health. He was listed in TIME Magazine's 100 most influential persons of the year in 2015.



**Dr. Eva Petkova**  
New York University Grossman  
School of Medicine; USA

Dr. Eva Petkova graduated with a degree in Mathematics from the Sofia University in Bulgaria in 1982, where she also obtained a Master's degree in Mathematics and a PhD in Physics. She then obtained a second PhD in Statistics from Pennsylvania State University. She completed her Postdoctoral Fellowship in Biostatistics at Harvard University in 1994. Prior to joining the Department of Child and Adolescent Psychiatry and NYU, for twelve years she worked at the Departments of Biostatistics and Psychiatry at Columbia University, where she directed the Division of Biostatistics at the New York State Psychiatric Institute. She is Professor at the Department of Population Health as well as at the Department of Child and Adolescent Psychiatry at NYU Grossman School of Medicine.

Dr. Petkova is a recognized leader in the field of Biostatistical methods for mental health research. She is a one of the founders of the Annual Symposium on Statistics in Psychiatry. She has been involved in the administration of the Biometrics section of the American Statistical Association.



**Marilyn Piccirillo**  
University of Washington, USA

Marilyn Piccirillo graduated with degrees in Psychology (BA), Washington University in St. Louis; Clinical Psychology (MA), Temple University, Philadelphia. She completed her pre-doctoral clinical internship at the VA Puget Sound Healthcare System, Seattle Division and is currently a postdoctoral scholar at the University of Washington, Department of Psychology for the 2020-2021 year. Her research focuses on stress-based disorders and phenomena, including anxiety, depression, trauma, and suicidality. She uses experiential sampling and person-centered statistical methods to model group and individual-level psychological processes and is particularly interested in examining how these models could guide psychological assessment and treatment.



**Dr. Richard Riley**  
Keele University, UK

Dr. Richard Riley is a Professor of Biostatistics at Keele University, having previously held posts at the Universities of Birmingham, Liverpool and Leicester. He focuses on statistical and methodological research for prognosis and meta-analysis, whilst supporting clinical projects in these areas. He is also a Statistics Editor for the BMJ and a co-convenor of the Cochrane Prognosis Methods Group.

He is an expert on statistical methods for meta-analysis and prognosis research. In meta-analysis, he specializes in methods for dealing with multiple correlated outcomes, and for synthesizing individual participant data (IPD). In prognosis, Dr. Riley co-leads the PROGRESS initiative (PROGnosis RESearch Strategy), that seeks to improve the standards of prognosis research. He combines his meta-analysis and prognosis interests through the development and validation of prognostic models using IPD from multiple studies, and through meta-analysis of prognostic and predictive marker studies, especially in the cancer field.



**Dr. Julian Rubel**  
Justus-Liebig University Gießen,  
GER

Dr. Julian Rubel graduated with a degree in Psychology (diploma) and received his doctorate in Psychology in 2015, University of Trier. He was Scientific Assistant in the Faculty of Clinical Psychology and Psychotherapy at University of Trier and currently is the chair of Psychotherapy Research at Justus-Liebig-University, Gießen. In 2019, he was awarded the Rising Star Award of the Association for Psychological Science (APS).



**Brian Schwartz**  
University of Trier, GER

Brian Schwartz is Research Assistant, doctoral student, psychotherapist and lecturer at the Department of Clinical Psychology and Psychotherapy at the University of Trier, Germany. His research interests are data collection in patients' daily lives (Ecological Momentary Assessments), new approaches for prediction of therapy success and discontinuation, differential prediction models (personalized medicine) as well as feedback and treatment recommendations for therapists.



**Dr. Greg Siegle**  
University of Pittsburgh, USA

Dr. Greg Siegle directs the Program in Cognitive Affective Neuroscience (PICAN) at the University of Pittsburgh School of Medicine, where he is an Associate Professor of Psychiatry, Psychology, and Translational Sciences. His research program examines neural substrates of emotional and cognitive information processing in mood and anxiety disorders and the extent to which this information can be used to predict response to validated treatments and to guide novel mechanistically targeted treatment development. The ultimate goal of this work is routinely using insights and methods from cognitive neuroscience in the psychiatry clinic. Dr. Siegle's has authored over 135 peer reviewed publications and 15 chapters in this area. Following his bachelor's degree from Brown University in Cognitive Science, and master's and PhD degrees from the San Diego State University / University of California, San Diego Joint Doctoral Program in Clinical Psychology, Dr. Siegle completed a clinical internship at the Centre for Addiction and Mental Health in Toronto and an NIH post-doctoral fellowship in clinical cognitive neuroscience at the Western Psychiatric Institute and Clinic, where he remains as faculty.



**Dr. Daisy Singla**  
Sinai Health, University of  
Toronto, CAN

Dr. Daisy R. Singla is a clinical psychologist, a clinician scientist at Sinai Health System and the Lunenfeld Tanenbaum Research Institute, and a global health researcher. Her main areas of interest involve the development and evaluation of complex, integrated intervention in existing health-care systems and low-resource settings. She is an investigator on several NIMH and Wellcome Trust grants. She also serves as a temporary advisor for the WHO-EMRO Coalition for Women, Children and Adolescent integrated health. To date, Dr. Singla has led or contributed to complex trials focusing on child growth, health and development, as well as maternal mental health in rural Uganda, Bangladesh, India and Pakistan and aims to bring these innovative lessons to local contexts involving the Perinatal Mental Health Programme at Sinai Health System and across Toronto. She is one of the leaders of Scaling Up Maternal Mental healthcare by Increasing access to Treatment (SUMMIT) trial — the largest psychotherapy trial for perinatal women to date which involves a large, global team of investigators and collaborators including patient advocacy groups such as Postpartum Support International.



**Dr. Ewout Steyerberg**  
Leiden University, NL

Dr. Ewout Steyerberg is professor of Clinical Biostatistics and Medical Decision Making at Leiden University Medical Center and Erasmus MC, Rotterdam, the Netherlands. He has been chairing the department of Biomedical Data Sciences since 2017. He was a Fellow of the Royal Netherlands Society for Arts and Sciences (KNAW). He spent sabbaticals at Duke University and Harvard University. Professor Steyerberg is involved with Medical Statistics and Medical Decision Making. His research concentrates on prediction. He has applied advanced regression analysis and related techniques in many clinical domains. Areas of interest include biostatistics, cost-effectiveness, decision analysis, and quality of care research. Contemporary research themes have his attention, including comparative effectiveness, Big Data, Machine Learning, Value-based Health Care, and Precision Medicine. Professor Steyerberg's methodological research concentrates on the role of prediction models and randomized clinical trials for better decision making in individual patients.

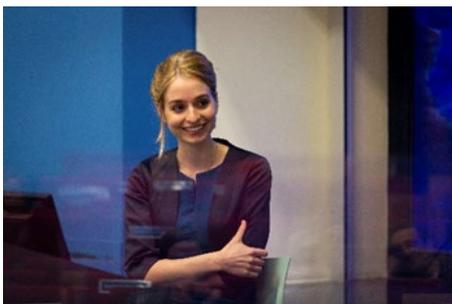


**Prof. Dr. Rudy Uher**  
Dalhousie University, CAN

Dr. Uher is Professor at the department of Psychiatry at Dalhousie University, Canada.

Dr. Uher wants to reduce the burden of severe mental illness. His research interests are early interventions to prevent psychosis, depression and bipolar disorder, psychiatric genetics, pharmacogenetics, the interplay of genes and environment in the causation of mental illness, classification of psychopathology, treatment of depression, and use of clinical assessment and biomarkers to personalize treatment.

He was a Canada Research Chair in Early Intervention in Psychiatry at Dalhousie University in 2012. He received the Max Hamilton Memorial Prize from the International College of Neuropsychopharmacology in 2014 and the Royal-Mach-Gaensslen Prize for Mental Health Research from the Royal Ottawa Mental Health Centre in 2016. In May 2020, he was chosen as one of two Nova Scotia experts, along with Emily Marshall, to receive grant funding from the Canadian Institutes of Health Research and Research Nova Scotia as part of a Rapid Research Funding Opportunity. Dr. Uher's funding will support his research on the mental health effects of the COVID-19 pandemic, which specifically focuses on parents with preexisting mental illnesses.



**Dr. Suzanne van Bronswijk**  
Maastricht University, NL

Dr. Suzanne van Bronswijk currently works as an assistant professor at the department of Clinical Psychological Science at Maastricht University and as a psychiatrist at the Maastricht University Medical Center+. She holds a bachelor's and master's degree in Medicine (Maastricht University), and a PhD in Mental Health (cum laude, Maastricht University). In her research, she focuses on the development of prediction models to guide personalized treatment strategies for depression. Personalized treatment strategies refer to strategies that search for the optimal depression treatment for a specific individual at a specific point in time. She is now project-leader on a 7-year multicenter nationwide project to develop prediction models for depression outcomes with other experts, for which they recently received a ZonMw grant for health and research development. In addition to her scientific work, she is a licensed psychiatrist, and has clinical experience with depression in several in- and outpatient settings



**Dr. Ed Watkins**  
University of Exeter, UK

Dr. Ed Watkins is a research clinical psychologist, with an MSc and Chartership in Clinical Psychology (1995) and a PhD (1998), both from the Institute of Psychiatry, London. From 1995-2003, he worked as a cognitive therapist at the Affective Disorders Unit, Maudsley Hospital, London, a national unit specializing in the treatment of depression, working in in-patient, out-patient and primary care settings. He was a core supervisor on the Institute of Psychiatry, Department of Psychology Diploma Course in Cognitive Therapy from 1998-2003.

Dr. Watkins was awarded the British Psychological Society's May Davidson Award for 2004.

He currently works as a researcher, teacher, clinical trainer and clinical practitioner within the Mood Disorders Centre, which is a partnership between the University of Exeter and Devon Partnership NHS Trust. He is the director of the Study of Maladaptive to Adaptive Repetitive Thought (SMART) lab.



**Dr. Christian Webb**  
Harvard Medical School, USA

Dr. Christian A. Webb is Associate Professor of psychiatry at Harvard Medical School and director of the Treatment and Etiology of Depression in Youth (TEDY) Laboratory at McLean Hospital. He received his PhD in clinical psychology from the University of Pennsylvania and completed both his pre-doctoral clinical psychology internship and a NIMH Individual National Research Service Award (NRSA) post-doctoral fellowship at Harvard Medical School and McLean Hospital.

Dr. Webb's Treatment and Etiology of Depression in Youth (TEDY) Laboratory uses a multimodal approach (EEG, fMRI, ecological momentary assessment, and laboratory-based experiments) to investigate the etiology and pathophysiology of depression in adolescents, as well as the mechanisms of change in psychotherapeutic and pharmacological treatments for depression.

Dr. Webb has received several early career awards for his work on the treatment of depression, including from the American Psychological Association and the Association for Behavioral and Cognitive Therapies.



**Dr. Shannon Wiltsey Stirman**  
Stanford University, USA

Dr. Shannon Wiltsey Stirman of the Department of Psychiatry and Behavioral Sciences at Stanford University Medical School is Acting Deputy Director, Dissemination and Training Division, National Center for PTSD. She is a leading researcher in the area of the dissemination and implementation of evidence-based therapies. As part of this, she juggles two RO1 research grants from NIMH, working with multiple teams, and having team members scattered across the US and Canada who are conducting research in various settings.

The overarching goal of her program of research is to determine how to facilitate the high quality delivery of evidence-based psychosocial interventions (EBPs) in public sector mental health settings. Areas of emphasis include training and consultation, treatment fidelity and adaptation, and the identification of strategies that promote sustained implementation of EBPs.

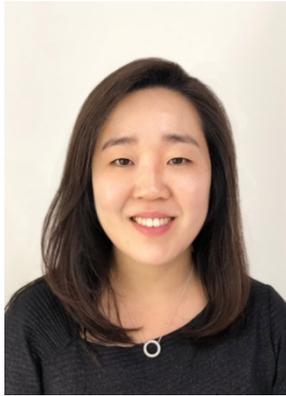


**Dr. Laure Wynants**  
Maastricht University, NL

Dr. Laure Wynants is an assistant professor of Epidemiologie, School for Public Health and Prim Care, Faculty Health, Medicine and Life Sciences.

Her main research interest is clinical prediction modelling for multicenter studies. She develops methods to build and evaluate such models on datasets to which multiple hospitals have contributed data. More specifically, she investigates variable selection, sample size requirements, performance measures and measures of clinical utility.

Together with a team of forty researchers from the Netherlands and abroad, she started a living review to review and appraise all published papers regarding the Covid-19 pandemic using prediction models. She was awarded the Edmond Hustinx Prize 2020 for her work.



**Dr. Soo Jeong Youn**  
Massachusetts General Hospital /  
Harvard Medical School  
Boston, USA

Soo Jeong Youn, PhD, is a licensed Clinical Psychologist and the Director of Evaluation at the Community Psychiatry Program for Research in Implementation and Dissemination of Evidence-Based Treatments (PRIDE) at Massachusetts General Hospital and an Associate Professor in Psychiatry at Harvard Medical School. Dr. Youn aims to tackle the access-to-care problem and health disparities that exist in mental health and disproportionately impact underserved populations. She has extensive experience conducting clinical care and research in community health centers and working with paraprofessionals as a novel workforce in delivering evidence-based practices. Her clinical and research endeavors focus on the adaptation, implementation, and dissemination of evidence-based practices for diverse systems and communities for a variety of mental health difficulties.



**Dr. Sigal Zilcha-Mano**  
University of Haifa, IL

Dr. Sigal Zilcha-Mano is a licensed clinical psychologist and full professor of clinical psychology in the Department of Psychology, University of Haifa. She has completed her PhD at Bar-Ilan University Israel, her first post doc at Harvard University and her second post-doc as a Fulbright scholar at Adelphi University. Dr. Zilcha-Mano is currently engaged in the study of mechanisms in psychotherapy and of the interplay between interpersonal factors and processes of change, especially in the treatment of depression. She is most interested in separating the trait-like patient interpersonal characteristics (which can therefore serve in determining which type of treatment is best suited for which patient) from those patient interpersonal characteristics that change across treatment and drive change in psychotherapy. In particular, she is interested in understanding how both components contribute to the process and outcome of treatment.

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## Moderators

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**Dr. Michael Barkham**  
University of Sheffield, UK

Dr. Michael Barkham is a Professor of Clinical Psychology in the Department of Psychology at the University of Sheffield. In the Psychotherapy Evaluation and Research Lab @ Sheffield (PEARLS), he brings together complementary methodologies of practice-based evidence (large routine datasets) and pragmatic randomised controlled trials in the study of psychological therapies. Furthermore, he is one of the editors of the best-selling *Bergin and Garfield's Handbook of Psychotherapy and Behavior Change*. Only in 2020 his publications were cited 2243 times



**Dr. Rob DeRubeis**  
University of Pennsylvania, USA

Dr. Rob DeRubeis, the co-founder of the *Treatment Selection Idea Lab*, has been on the faculty at the University of Pennsylvania since receiving his doctorate in clinical psychology from the University of Minnesota in 1983. He is the director of UPenn's doctoral training program clinical psychology and he has served as department chair as well as associate dean in UPenn's School of Arts and Sciences. Dr. DeRubeis' research focuses on the processes that cause and maintain disorders of mood, as well as the treatment processes that reduce and prevent the return of mood symptoms. Dr. DeRubeis's team at UPenn has developed and tested methods that can identify, for a given patient, which of two or more potentially effective treatments (e.g., medications vs. cognitive therapy for depression) is most likely to lead to symptom improvement.



**Dr. Ellen Driessen**  
Radboud University, NL

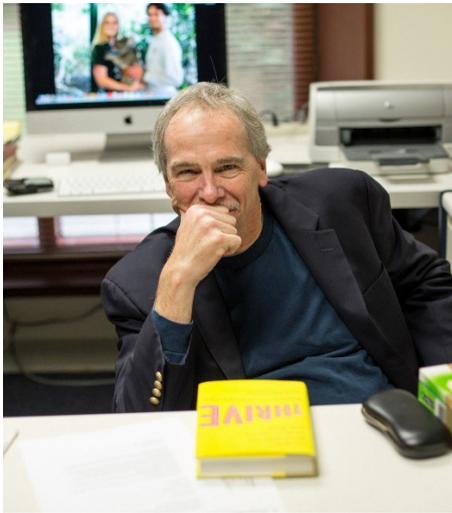
Dr. Ellen Driessen's professional goal is to improve care for depressed people by means of high-quality research that goes beyond the efficacy of treatments to “what works for whom”. Being both a Radboud Behavioral Science Institute researcher and a licensed mental health care psychologist at Pro Persona's Depression Expertise Center, Dr. Driessen is ideally positioned to bridge the gap between science and practice. That is what she strives to do in her academic work.

Dr. Driessen currently leads a large international collaborative research project that aims to develop a tool for selecting the optimal treatment for depressed individuals based on their personal characteristics. For this research, she received a prestigious Dutch governmental 'Veni' innovation and career award.



**Dr. Steve Pilling**  
University College London, UK

Dr. Steve Pilling is Professor of Clinical Psychology and Clinical Effectiveness at faculty of Brain Sciences at UCL. In 2000 he became the Director of CORE, the UCL Centre for Outcomes Research and Effectiveness. His research interests include: 1) Health services research, including trials of complex interventions such as crisis intervention teams and implementation studies of health service policy initiatives; 2) Psychological treatment, in particular treatments for depression and the competences required to deliver effective interventions for all psychological treatments and disorders; 3) Systematic reviews in mental health and their use in clinical guidelines; 4) Clinical guideline development and implementation in mental health.



**Dr. Steve Hollon**  
Vanderbilt University, USA

Dr. Steve Hollon is Professor of Psychology and Human Development and of Psychiatry at the Vanderbilt University. Hollon's primary interest lies in the etiology and treatment of depression in adults. His work extends from basic psychopathology to prevention and treatment. He is particularly interested in the relative contribution of cognitive and biological processes to depression, and how the relative efficacies of psychosocial versus pharmacological interventions compare. A current interest is the prevention of depression, both with respect to its initial onset and subsequent recurrence following successful treatment.



**Dr. Stephan Schueller**  
Northwestern University  
Feinberg School of Medicine, USA

Dr. Schueller is an Associate Professor of Psychological Science and Informatics at the University of California, Irvine, where he directs the Technology and Mental Health (TEAM) Lab, a member of UCI's Connected Learning Lab. He received his bachelor's degree in psychology from the University of California, Riverside, and his PhD in clinical psychology from the University of Pennsylvania. He completed his clinical internship and postdoctoral fellowship at the University of California, San Francisco in the Clinical Psychology Training Program as part of the Public Service and Minority Cluster at San Francisco General Hospital. His research focuses on increasing the accessibility and availability of mental health resources through the use of technology. This includes the development, evaluation, and implementation of web- and mobile-based interventions mostly for common mental health issues. He also serves as the Executive Director of One Mind PsyberGuide, a project that aims to empower consumers to make informed choices around digital mental health products. He has pursued his research with funding from the National Institute of Mental Health, the Jacobs Foundation, One Mind, Pivotal Ventures, and the Robert Wood Johnson Foundation. He has received Rising Star Awards from the Association for Psychological Science and the International Society for Research on Internet Interventions, and a Mid-Career Investigator Award from the Association for Behavioral and Cognitive Therapies Technology Special Interest Group.



**Dr. Jessica Schleider**  
Stony Brook University, USA

Dr. Jessica L. Schleider is Assistant Professor in the Department of Psychology and Clinical Psychology PhD Program at Stony Brook University (SUNY). She also serves as a Faculty Affiliate at the Alan Alda Center for Communicating Science and was an Academic Consultant to the World Bank's Education Global Practice.

Dr. Schleider completed her PhD in Clinical Psychology at Harvard University in 2018, along with an APA-accredited Doctoral Internship in Clinical and Community Psychology at Yale School of Medicine. She graduated with a BA in Psychology from Swarthmore College in 2012. Her research on brief, scalable interventions for youth depression and anxiety has been recognized via numerous awards, including a 2019 NIH Director's Early Independence Award; the Association of Behavioral and Cognitive Therapies' 2019 President's New Researcher Award; and the Society of Clinical Child and Adolescent Psychology's 2021 Abidin Early Career Award. Her work has been featured in the Atlantic, Vox, and U.S. News & World Report, among others. In 2020, she was chosen as one of Forbes' 30 Under 30 in Healthcare.



**Dr. Maarten van Smeden**  
University Medical Center Utrecht,  
NL

Dr. Maarten van Smeden is a statistician, working in the epidemiologic methods group at Julius Center for Health Sciences and Primary Care at the University Medical Center Utrecht located in Utrecht, the Netherlands.

His research is focussed on the development, evaluation and implementation of new methodology in the field of medicine. As a collaborator, he has also contributed to implementing advanced methodology in a variety of medical disciplines, such as primary care medicine, infectious diseases, sports medicine and intensive care medicine.

Besides his research activities, he contributed to various courses on epidemiology, statistics and prediction modelling as a lecturer (national and international) and coordinator.



**Dr. Shannon Wiltsey Stirman**  
Stanford University, USA

Dr. Shannon Wiltsey Stirman of the Department of Psychiatry and Behavioral Sciences at Stanford University Medical School is Acting Deputy Director, Dissemination and Training Division, National Center for PTSD. She is a leading researcher in the area of the dissemination and implementation of evidence-based therapies. As part of this, she juggles two RO1 research grants from NIMH, working with multiple teams, and having team members scattered across the US and Canada who are conducting research in various settings.

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